

Nursing Infants Frenotomy Decision Tool

(NIFDT)

Nursing Infants Frenotomy Decision Tool (NIFDT)		YES (1)	NO (0)
Mother with nipple pain/trauma while breastfeeding			
AND / OR Infant with inability to maintain latch			
AND / OR Infant with poor weight gain (<15g/d)			
AND Infant with a visible or palpable membrane (speed bump) anterior to or at base of tongue restricting tongue movement and leading to			
• an inability to rest on the roof of the mouth, OR			
• an inability to cup/maintain suction on an examining finger, OR			
• an inability to protrude the tongue past the gum line or bunching/dimpling of the tongue on extension OR			
• diminished lateral movement of tongue			
Score	≥ 2 may benefit from frenotomy		